**Hearing Loss Prevention**

“Blow, Breathe, Cough, Wash & Chew” are the five steps to clear the nose and the eustachian tube, which is necessary for keeping the ear clear and allowing air to circulate freely for good hearing. That’s what “Sam” and “Lucy” told us on Tuesday 24th June, when they visited with Mrs Garriock, the Conductive Hearing Loss teacher.

Mrs Garriock said to take care of our ears we should: blow our nose to keep it clear and wash our hands when we do; eat crunchy fruit and veggies every day of the year, this will help keep our ears clear too. We shouldn’t poke ear buds into our ears but enjoy washing our hair and washing our faces in the shower to keep our ears clean.

Mrs Garriock taught the students how to fold a tissue and blow their nose. She also said we should have our hearing checked every six months.

Students enjoyed the poster diagram of the ear, ear canal and inner ear being put together, they also got to view a cross section of a 3D model of the ear, which showed the inside skull of the head.

Mrs Garriock presented the school with a big book, a resource poster and a colouring sheet related to taking care of our ears. It was a very interesting and very helpful talk.

**Life Education with Healthy Harold**

On the second last day of Term 2, Corinella drove to Bedgerebong for Healthy Harold. The kindergarten went to the Healthy Harold van first and got to pat Healthy Harold and then learnt about the parts of the body. They mimed an exercise and the teacher had to work out what they were miming. They mimed that they were riding a bike and swimming. The next group to go to the Healthy Harold van was the Year 1 and 2 they had a big poster with a picture of a human body on it and they had to stick on the body parts where they belong. They had to pick the food and supplies they would need to go on an adventure.

When 5 and 6 went into the van we learnt about cigarettes, what is in them and what they can do to you. We did some special activities such as looking at the difference in the old ads and the new and we learnt how much it costs to buy cigarettes for a day, a week, a month and a year.

*Austin Fay, Year 5*

**Working Bee**

On the last day of Term 2, Corinella school and community had a working bee.

We repainted the toilet mural wall, cleaned out under the art room and most importantly we fixed up the chook enclosure by putting a chicken wire roof on top and we dug wire into the ground on the tennis court side to stop the foxes digging under the cage and getting into it.

It was a great day and we learnt a lot from the dads about fencing and painting.

We very much thank the parents for helping us and taking up their whole day to help keep the school grounds clean and also to keep the chickens safe from the naughty foxes.

*Jeordy Carty, Year 5*
YOUNGSTARS

THE BEST BOYS’ WEEKEND IS THE ONE WITH YOUR SON

Our YoungStars camp is the perfect father-son* weekend for primary school boys aged seven and up. This adventure-filled camp gives dads the space to connect and bond with their sons while taking part in lots of fun activities away from the demands of modern life and technology.

The weekend will help build confidence and resilience in young boys while giving dads the chance to share their experience of raising sons with other dads.

Time together to
• Pitch a tent and set up camp
• Roast marshmallows around the campfire
• Play games and do craft activities
• Share sing-a-longs and stories
• Camp out under the stars

Details

Dates & Locations:
6–7 September
Milson Island Sport and Recreation Centre
18–19 October &
15–16 November
Berry Sport and Recreation Centre

Price:
$400 per family, includes all meals and activities

Additional:
BYO tent and sleeping bags

To secure your place or for more information:

P: 13 13 02
Be sure to check out the video on our website.

*The weekend is also open to boys and close family members such as an uncle, grandfather or step-dad.