## Literacy

Students in Stage 2 worked on reported speech when writing about Healthy Harold. Students in Stage 3 were asked to write a dialogue with three people when writing their report on Transition day.

Please see the following page for these reports.

## Kitchen Garden Cooking

Students filed into the kitchen after recess on Thursday 8th August to prepare a delicious short order lunch; fourteen hamburgers with the lot with fourteen sides of chunky chips.

Aaron and Austin sliced the onion and soon the smell of it frying filled the air. Melody, Jack and Jeordy scrubbed, peeled and sliced a whole bag of potatoes for the triple cooked chips that were deliciously crispy on the outside and fluffy on the inside.

Students worked as a team to wash and slice the tomatoes and lettuce; fourteen eggs, that took our chooks one week to lay, were fried; beetroot grown and pickled at school along with tomato sauce we made earlier in the year were lined up in preparation for the burger building. We also had cheese and pineapple too, but we didn’t make them!

Our 2014 Kindergarten transition students also made a slice with liquorice allsorts inside and chocolate icing on top; there were three teaspoons scooping out the left over icing from the bowl very quickly!

At 1:00pm we were seated in our ‘Dining Hall’ to eat. We all agreed the torment of the anticipation was well worth the wait!

## Bedgerabong Show

Students have submitted entries in the Needlework, Printing, Painting, Recycled Materials, Handwritten Acrostic Poem & Vegetable exhibits of the Bedgerabong Show; we hope you are able to visit the Bedgerabong showgrounds this Saturday to have a look at their wonderful work.

Thanks again to Mrs Sharon Mickan, who guided students to complete their creative needlework entries.

## Lachlan District Athletics Carnival

The following students will travel to Dubbo on Friday 30 September to compete in the Western Region PSSA Athletics Carnival. We wish them all the very best.

### 100m Dash (13 Years)
3rd Charlie Fay

### High Jump (12 - 13 Years)
1st Charlie Fay

### Discus (11 Years)
1st Jack Carty

### Shot Put (8 - 10 Years)
1st Jack Carty

### 4 x 100m Relay (Neil & Elizabeth Austin PP6)
1st Charlie Fay, Aaron Mickan, Jack Carty & Jeordy Carty

## Weekly Assembly

STUDENTS OF THE WEEK
Aaron Mickan - Writing
**Kindergarten Transition Day**

What is happening today? I think there is something on,” said Jack.

“Yes, the transition kids are coming to school; they will be cooking, drawing and having heaps of fun.” said Charlie

“That sounds amazing, I cannot wait.” said Jack.

“Here they come,” said Mrs Ridley.

“Now what games will we play? What about ‘duck, duck, goose’?” said Charlie.

“I think that’s a great idea, let’s set up” said Jack.

“Hello Maddison, Karla and Lacey, we hope you have a wonderful day. Now let’s start with ‘duck, duck, goose” said Charlie.

“Good morning Charlie how are you?”

“Yeah, alright, how are you”? replied Charlie.

“Good, what’s on today?” I replied.

“It’s Thursday so we have Transition remember?” replied Charlie.

“Ohhh, yeah it’s going to be great! What are we going to play first?”

Well we could play skipping… Yeah let’s play that at recess, and at lunch we’ll play Duck Duck Goose, and we’ll play with Karla, Maddi and Lacey.” replied Charlie.

“That sounds great!!”

**Life Education with Healthy Harold**

On Wednesday 7th August, our school went to Healthy Harold’s van at Bedgerabong. Austin and I went to the kitchen with Mrs Ridley and all the 3 - 4 students at Bedgerabong, We all did continuous line drawing of our friends. Mrs Ridley said for everyone to go into the van. The lady talked about how to protect your social life.

I learnt a lot about the importance of protecting your technology and your feelings.

Also to be very careful when you are online because people could find out your personal information and send nasty things to you and also put a virus on your device.

On Wednesday we went to Bedgerabong for Healthy Harold. Mr Faulkner said we could go and play skipping in the shed or practise marimbas or go and play in the Classroom. Jeordy and I went to play in the Classroom and my friend Campbell said we could play his iPad.
2013 SEASON

14 October—16 December 2013
Mondays from 6.00pm
Botanical Gardens
Team Registrations by 20/9/13
Registrations Fees by 14/10/13
NO EXCEPTIONS
NO PAY NO PLAY

Registration Fees:
• Team Registrations $500
• Family Competition Individual Registrations $35 $5 Family Discount Available

Registration forms available from:
• all schools
• email forbestouch@hotmail.com
• via facebook link
All Registrations must be received by 20th September 2013 and can be left at Forbes High School and Red Bend College or emailed to forbestouch@hotmail.com

2013 Committee
President: Charles Dwyer & Daniel West
Vice President: Ash Hogan
Secretary: Melissa West
Treasurer: Lara Dwyer
Registrar: Anita Morrison, Kristy Hartwig & Darcie Morrison
Publicity Officer: Ash Hogan
Referee Co-ordinator: Stephen West & Darcie Morrison
Email: forbestouch@hotmail.com

COMPETITIONS
MENS A, B & C Grades
Womens
Mixed A & B Grades
Over 30’s (NEW)
Family (NEW)

Competition grades will be dependent of number of teams registered.

Over 30’s Competition—players must be 30 years or older in 2013

Family Competition—Primary School Aged players can register a team with adults players included. No more than two adults are allowed to play on the field at any one time and cannot score.

All teams must be in full uniform on first week of competition (14/10/13)

Limited number of Junior Team Shirts Sets are available for hire on request.
English Soccer School (Australia)

ESS Spring Holiday Program

21 September – 6 October 2013

Enrol and enjoy the first English Soccer School Program to be held in the Central West, aimed at kids from 3-14, ESS (Australia) brings UK accredited and certified coaching to your kids. Not only is this a brilliant way to stay active during the holidays but we also helps kids of all age groups improve their soccer skills.

There are three basic ESS age groups:

Nipper Roo Program for 3-5 year olds (1 hour program daily).

Development Training for 6-9 year olds (2.5 hours x 2 days).

Development & Advanced Training 10-14 year olds (2.5 hours x 2 days).

Please note registration closes Monday 2nd September.

1. Nipper Roo Program: $5 per 1 hour session including fruit drink. English Premier League Replica Kit optional - $10.

2. 6-9 and 10-14 age groups $40 for 2 days includes English Premier League Kit, drinks, light sandwiches and fruit.

For Inquiries and Registration Please Call:

English Soccer School (Australia)

Office: 68516199
Mob: 0412287810
Email: englishsozaustralia@yahoo.com.au

To be held at: Forbes Indoor Sports Centre, 42 Sam Street, Forbes.